Sutherland Public School

MENUS

OCTOBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Milk is Served with Every Meal: *1% White *FF Chocolate *FF Strawberry			This Institution is an Equal Opportunity Employer & Provider		NO SCHOOL	2
3	4 Cereal, yogurt, fruit, juice. Sausage gravy over biscuits, salad bar, milk.	5 Waffles, sausage, fruit, juice. Sandwich bar (ham, turkey, or tuna), chips, cookies, salad bar, milk.	6 Scrambled eggs, ham, fruit, juice. Italian dunkers, french bread, salad bar, milk.	7 Oatmeal, banana bread, fruit, juice. Tater tot casserole, green beans, muffins, salad bar, milk.	8 Cereal, poptarts, fruit, juice. Grilled hamburgers, chips, fruit cups, salad bar, milk.	9
10	NO SCHOOL	Pancakes, sausage, fruit, juice. Chicken strips, potato patties, churros, salad bar, milk.	13 French toast, ham, fruit juice. Crispitos w/ toppers, chocolate chip cookies, salad bar, milk.	14 Oatmeal, Trix bar, fruit, juice. Chicken fried steak, mashed potatoes, green beans, dinner rolls, salad bar, milk.	15 Cereal, poptarts, fruit, juice. Beef tacos, cheese, meat sauce, salad bar, milk.	16
17	18 Cereal, apple cinnamon bread, fruit, juice. Grilled cheese, cup of soup, pudding, salad bar, milk.	19 Waffles, sausage, fruit, juice. Chicken patty on w/ g bun, salad bar, milk.	20 Scrambled eggs, ham, fruit, juice. Macaroni & cheese, dinner rolls, salad bar, milk.	21 Oatmeal, muffins, fruit, juice. Hog dogs, chips, sugar cookies, salad bar, milk.	NO SCHOOL	23
24	25 Cereal, yogurt, fruit, juice. Pizza, fruit cups, salad bar, milk.	26 Pancakes, sausage, fruit, juice. Chicken nuggets, smilie fries, muffins, salad bar, milk.	27 French toast, ham, fruit, juice. Hot ham & cheese, salad bar, milk.	28 Oatmeal, granola bars, fruit, juice. Turkey gravy, mashed potatoes, green beans, biscuits, salad bar, milk.	29 Cereal, poptarts, fruit, juice. Sloppy joes, chips, salad bar, milk.	30
31	Halle	ween!				